



moxie: The ability to face difficulty with spirit.

COACHING AGREEMENT

Julie McKay, Psy.D., L.P.

Nature and Purpose of Coaching:

The purpose of coaching is for clients to have access to professional advice that may cover a variety of topics. These include parenting, divorce, personal and professional development, etc. The coach may offer advice based on their training and experience, with a goal of facilitating optimal decision-making by the client and enabling the client to perform well in the situations they find challenging.

Coaching is a fundamentally different process than individual or family therapy in that there is no presumption of "illness" on the part of the client or an effort made to "reduce symptoms." Therapy is health care; coaching is not. Therefore, fees for coaching are not covered by health insurance.

Records and Confidentiality:

Each of our sessions and conversations are documented in an electronic file. All information that you share with the coach is private, and will not be shared with others without your written consent or by an order from the court, unless one of the following exceptions exists:

- 1) The coach will need to take appropriate preventive action if you express an intention to harm yourself or someone else.
- 2) The coach must comply with all mandatory reporting laws concerning abuse or neglect of children, elders, and vulnerable adults.

Fees and Cancellation Policy:

The fees for Coaching are as follows:

1. Sessions, whether in person or by phone or video call, and email correspondence between client and coach are billed at a rate of **\$250.00/hour**.
2. **Other Work** related to the case, including drafting, consultation with attorneys or other collaterals, document review, involvement in ADR sessions, and travel are billed at a rate of **\$275.00/hr**.
3. Any court appearances or other forensic involvement will be arranged and structured via a separate agreement.

