



Taste Buds

Yields: One serving

Shelf Life=1 day



What you need/ingredients:

1ea	tortilla
1.5oz	chicken slices
.25oz	spinach leaves
1oz	ranch dressing
10ea	matchstick carrots
2ea	zucchini halves
4ea	olive slices
1ea	9" plate
1side	veggie tots

Procedure to prep:

1. Create a line of chicken in the middle of a tortilla.
2. Top with carrots and then spinach.
3. Drizzle ranch across ingredients.
4. Fold and roll tortilla while tucking in the chicken and spinach.
5. Press down on the rolled tortilla to ensure it doesn't unwrap.
6. Place the halves on plate facing the same direction.
7. Add two olive slices on each half as eyes and one zucchini half as a mouth.
8. Serve with side of baked veggie tots.