

# IT TAKES A COMMUNITY TO RAISE A CHILD

*You are not alone!*



## DO YOU HAVE QUESTIONS ABOUT YOUR CHILD'S DEVELOPMENT, LEARNING & GROWTH?

### FREE SCREENINGS

- For birth to age 3, contact Early Intervention: Clearbrook, Child and Family Connections #6, North Suburban Cook [www.clearbrook.org/cfc](http://www.clearbrook.org/cfc)
- For children ages 3–5, contact your local school district [www.isbe.net/Pages/PublicSchoolDistrictLookup.aspx](http://www.isbe.net/Pages/PublicSchoolDistrictLookup.aspx)



## ARE YOU LOOKING FOR CHILD CARE PROGRAMS?

Center Based – Home Based – Faith Based – Park Districts Programs

### FIND A PROGRAM

- [www.illinoiscaresforkids.org](http://www.illinoiscaresforkids.org)
- [www.actforchildren.org/child-care/finding-care](http://www.actforchildren.org/child-care/finding-care)  
312-823-1100      [referrals@actforchildren.org](mailto:referrals@actforchildren.org)



## DO YOU NEED SUPPORT PAYING FOR YOUR CHILD CARE NEEDS?

Learn more about Child Care Assistance Program (CCAP)

- [www.actforchildren.org/get-help-with-ccap](http://www.actforchildren.org/get-help-with-ccap)

## WOULD YOU LIKE HELP IN THE COMFORT OF YOUR HOME TO PLAY & LEARN WITH YOUR CHILD?

Home visiting provides family support and guidance from prenatal to age five, including Doula services

- <https://igrowillinois.org/find-a-program/>
- <http://www.luriechildrens.org/ConnectHomeVisiting>

Learn More



[www.goaeyc.org/family](http://www.goaeyc.org/family)

# Birth to Five Illinois: Region 1-B-D Family Friendly Resources

## TRACK YOUR CHILD'S OWN DEVELOPMENT

- Center for Disease Control and Prevention (CDC) <https://www.cdc.gov/act-early/milestones-app/index.html>
- Pathways Mobile App <https://pathways.org/mobile-app/>
- Healthy Children.org (American Academy of Pediatrics) <https://www.healthychildren.org/english/tips-tools/healthychildren-texting-program/pages/default.aspx>

## INFANTS

- CDC [www.cdc.gov/parents/infants/index.html](http://www.cdc.gov/parents/infants/index.html)
- American Academy of Pediatrics (AAP) [www.healthychildren.org/](http://www.healthychildren.org/) and visit the AGES & STAGES tab.
- Pathways 0-12 months: <https://pathways.org/>

## TODDLERS

- AAP [www.healthychildren.org/](http://www.healthychildren.org/) and visit the AGES & STAGES tab.
- Pathways 13–36 months <https://pathways.org/>

## PRESCHOOL

- CDC [www.cdc.gov/parents/children/index.html](http://www.cdc.gov/parents/children/index.html)
- AAP [www.healthychildren.org/english/ages-stages/preschool/Pages/default.aspx](http://www.healthychildren.org/english/ages-stages/preschool/Pages/default.aspx)
- Pathways <https://pathways.org/growth-development/4-6-years/overview/>

## FAMILIES

- Illinois Early Learning
  - Activity bank of at-home learning activities that take 15–30 minutes and can generally be done with items already in or around your home. <https://publish.illinois.edu/iel-slides/laha/>
  - Videos and resources show family activities that help infants through preschool-age children learn about the world. <https://illinoisearlylearning.org/resources/videos/videos-parenting/>
- Baby Games and Milestones Calendar from Pathways: <https://pathways.org/baby-milestones-calendar/>
- Illinois Early Intervention Clearinghouse: <https://eiclearinghouse.org/eicfinder/for-families/>
- Reach out and Read: <https://reachoutandread.org/what-we-do/family-resources/>

## REGION 1-B-D COMMUNITY HUBS

Check out your local community hubs for family-friendly programming and resources!

- Find your local Public Library <https://librarylearning.org/directory>
- Contact your local Parks and Recreation Department
- C.I.T.Y. of Support- Children in Therapy and You. <https://cityofsupport.org/>

Check out a few local collaborations in the Cook North Region

- United Palatine Coalition [www.upcoalition.org/](http://www.upcoalition.org/)
- Evanston Early Childhood Council [www.evanstonearlychildhood.org/](http://www.evanstonearlychildhood.org/)
- Evanston Cradle to Career <https://evanstonc2c.org/>
- The Early Childhood Alliance of Niles Township [www.nilestownshippeca.org/](http://www.nilestownshippeca.org/)
- The Alliance for Early Childhood <https://theallianceforec.org/>

**Contact Region 1-B-D to learn more**  
**[www.birthtofiveil.com/region1bd](http://www.birthtofiveil.com/region1bd)**



**[www.goaeyc.org/family](http://www.goaeyc.org/family)**