

Head to Toe Assessment

Patient Initials: Diagnosis	
VIEW	
Vital Signs	
Pain	
<b>General:</b>	
Height/Weight	
Body Build	
Dress, Hygiene and Posture	
Mood and response to caregiver	
Characteristics of Speech	
Level of Consciousness	
Orientation (person, place, time (month and yr)	
<b>Head</b>	
Description of head (size/shape)	
Palpate skull	
Scalp/hair description	
<b>Eyes</b>	
Symmetry/Drooping or sagging eyelids	
Size and response to light of pupils	
Color/condition sclera and conjunctiva	
Extraocular movements (6 cardinal fields of gaze)	
Vision	
<b>Ears</b>	
Symmetry	
Drainage/Cerumen	

Hearing	
<b>Nose</b>	
Symmetry	
Septum (deviated/midline)	
Drainage	
Nasal Mucosa	
Patency of Nares	
<b>Mouth</b>	
Symmetry of mouth and tongue (midline protrusion)	
Oral cavity mouth, lips, oral mucosa, teeth, gums	
Uvula say “ah”	
<b>Neck</b>	
Range of motion	
Palpate trachea	
Check carotid pulses(one at a time)	
<b>Anterior/Posterior Chest</b>	
Inspect anterior/posterior chest (skin assessment)	
Check skin turgor over clavicle	
Inspect respiration	
Auscultate heart (apex, one minute, regular vs irregular)	
Auscultate lungs (ant 2 sites, post 6 sites and axilla 2 sites)	
Palpate anterior and posterior chest	

<div><div>Abdomen</div><div>Inspect abdomen</div><div>Auscultate in 4 quad</div><div>Palpate abdomen in 4 quads</div><div>Diet</div><div>Type of diet (diabetic, NAS)</div><div>Swallowing difficulties</div><div>Changes in appetite</div></div>	<div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>
<div><div>Bowel and Bladder</div><div>Assess genitourinary (color, odor, frequency, urgency, burning)</div><div>Last BM</div><div>Nausea, vomiting, diarrhea, constipation</div><div>Incontinence bowel and or bladder</div></div>	<div></div> <div></div> <div></div> <div></div> <div></div>
<div><div>Upper Extremities</div><div>Skin assessment</div><div>Capillary refill, clubbing</div><div>Strength</div><div>Range of Motion</div><div>Radial pulses (bilaterally)</div><div>Lower Extremities</div><div>Skin Assessment</div><div>Strength</div><div>Range of Motion</div><div>Edema</div><div>Pedal and posterior tibial</div><div>Motor function and balance</div></div>	<div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div> <div></div>
<div><div>Miscellaneous</div><div>Drains, casts, IVs, dressing</div><div>Document per facility policy</div></div>	<div></div>

