

### **Jennifer's Story**

Jennifer was in a very low place in her life. She was experiencing hopelessness with her circumstances as her debt was piling up, and she felt isolated and alone. She heard about North Raleigh Ministries while working at a local grocery store when she checked out NRM's Food Pantry Assistant, Steven, who was in her line. Fear almost stopped Jennifer from visiting NRM, but her need for food assistance eventually brought her here. When she arrived and received grocery assistance for the first time, Jennifer shared that she was "blown away" by how kindly she was treated, and by the quality of food given.

What Jennifer didn't know was that North Raleigh Ministries offers so much more than food. After learning about the self-sufficiency programs available to her, Jennifer ultimately joined NRM's Transitions program. Through her work with her Case Manager and Program Coach, Kyrstin, Jennifer was able to design and implement a plan for her life that would take her into a self-sustaining future filled with connection and hope.

Just like Jennifer, we are seeing approximately 40 new families a week that need our help. Your financial gift will not only provide food for these families, but it will also provide them with the opportunity to achieve a sustainable, healthy life for years to come.

Because of her work with North Raleigh Ministries, Jennifer shared that "Kyrstin was my biggest cheerleader" by helping her clearly look at her circumstances and start making the necessary changes needed to overcome so many of her challenges. Through NRM, Jennifer found peace, the ability to open up, and she gained more confidence than she's ever had before. Jennifer will continue her work with NRM through our Journey program where she will focus deeper on her financial, emotional, and spiritual health.

Will you consider making Jennifer's dreams of a sustainable, hopeful life a reality for more families this year? We need your help to make this work possible!

