

# THE POWER OF ATTITUDES TO CREATE A HAPPY, SUCCESSFUL AND BLESSED LIFE!

Ephesians 4 <sup>23</sup> Your ATTITUDES... MUST all be constantly changing for the better! TLB

**ATTITUDES ARE MAJOR DIFFERENCE MAKERS IN LIFE!**

*A BAD ATTITUDE IS LIKE A FLAT TIRE...  
YOU CAN'T GO ANYWHERE UNTIL YOU CHANGE IT!*

**YOUR ATTITUDES WILL DETERMINE YOUR ALTITUDE**

## What kind of kingdom attitudes should we aim for?

CREATIVE, HAPPY, BLESSED, LOVING, FORGIVING, KIND, COMPASSIONATE, GENEROUS,  
POSITIVE, FUN, CHEERFUL, ENTHUSIASTIC, OPTIMISTIC (ROMANS 8:28), FRIENDLY,  
WEALTHY (DEUT 8:18), CONFIDENT, DETERMINED, CAN-DO, PERSISTENT, EXPECTANT!

Matthew 9 <sup>29</sup> Jesus... said, "You WILL HAVE what your FAITH EXPECTS!" TPT

**ATTITUDES OF ENTHUSIASTIC EXPECTATION WILL BRING BLESSINGS**

Acts 3 <sup>19</sup> NOW change your ATTITUDE... so God CAN... send you... showers of BLESSING! TLB/MSG

**ATTITUDES EITHER RESTRAIN OR RELEASE GOD'S BLESSINGS**

Colossians 3 <sup>20</sup> Children... this ATTITUDE of respect and obedience is  
well-pleasing to the Lord and will bring you GOD'S PROMISED BLESSINGS! AMP

**WHEN YOU CHANGE YOUR ATTITUDES, YOU CHANGE YOUR FUTURE**

Romans 12 <sup>2</sup> ...Be CHANGED by the entire renewal of your... ATTITUDE... AMPC

Romans 12 <sup>1-3</sup> BRING YOUR MIND into line with God's... be transformed  
by the renewing of your minds... THINK...IN LINE with FAITH...! NTE

## FAITH IS AN ATTITUDE TO LIVE BY!

Numbers 14 <sup>24</sup> My servant Caleb has a DIFFERENT ATTITUDE than the others.  
HE HAS FAITH IN ME...! NLT/CEV

ATTITUDES are nothing more than HABITS OF THOUGHT. John Maxwell

Proverbs 4 <sup>23</sup> ABOVE ALL, be careful what you think because  
YOUR THOUGHTS CONTROL YOUR LIFE. ERV

**MORE THAN ANYTHING, ATTITUDES SET THE COURSE FOR YOUR LIFE**

## FUEL YOUR MIND AND HEART WITH CHEERFUL, FAITH-FILLED THOUGHTS

Philippians 4 <sup>4</sup> **BE CHEERFUL** with **joyous celebration** in **EVERY** season of life. **Let joy overflow...**  
<sup>6</sup> Do **not** be **anxious** or **worried** about anything, but be **saturated** in **PRAYER...** **FAITH-FILLED**  
...with **overflowing GRATITUDE...** <sup>7</sup> **then** God's **wonderful peace...** will make the **answers**  
known... <sup>8</sup> So **keep** your **THOUGHTS continually fixed** on the **BEST, not the worst**, on all that is  
**EXCELLENT** and **BRINGS PEACE...** on **every glorious work of God, praising Him always...**! TPT/MSG/AMP

## FAITH WILL ALWAYS RESULT IN OPTIMISM

Philippians 2 <sup>5</sup> Live with **JESUS' ATTITUDE**. Let **HIS MINDSET** become your **motivation...** <sup>14-15</sup> **LIVE A**  
**CHEERFUL LIFE**. **DO EVERYTHING CHEERFULLY without complaining...** Live as **shining lights...**! TPT/VC

## JOY AND HAPPINESS ARE MUCH MORE ABOUT ATTITUDES THAN CIRCUMSTANCES

Galatians 6 <sup>4</sup> Each one **must** carefully scrutinize **his own...**  
**ATTITUDES...** and **then** he can have... **JOY...** AMP

**HOW POSITIVE THINKING RE-WIRES YOUR BRAIN** - We'd all agree that thinking positively is a good thing. Especially when we're feeling positive. But what about those days when you're so stressed the veins pop out of your forehead? What about those days when you're sucker-punched by a series of unfortunate events...? I've met people who remain cheerful during really bad times. To be honest, they made me want to slap them... However, I've come to learn that these people knew something I didn't. Here's the secret that's not really a secret. It's revolutionary, exciting science. **POSITIVE THINKING REALLY DOES CHANGE YOUR BRAIN**. Not in some magical kind of way, but in a **real physical way**. The science is called **NEUROPLASTICITY**. It means that **OUR THOUGHTS CAN CHANGE THE STRUCTURE AND FUNCTION OF OUR BRAINS**. The idea was first introduced by William James in 1890, but was soundly rejected by scientists who believed the brain is rigidly mapped out, with certain parts controlling certain functions. If that part is dead or damaged, the function is altered or lost. Well... they were **WRONG!** **Neuroplasticity now enjoys wide acceptance as scientists are proving the brain is endlessly adaptable and dynamic**. It has the power to **change its own structure...** People... can **TRAIN...** their brains through **repetitive** mental and physical activities. It is completely **LIFE-ALTERING**. So what does this have to do with **positive thinking and you?** It means that **REPETITIVE POSITIVE THOUGHT** and **POSITIVE ACTIVITY** can **rewire YOUR BRAIN** and **strengthen brain areas** that **stimulate positive feelings**. In his widely-acclaimed book, **The Brain That Changes Itself...** Dr. Norman Doidge states plainly that the brain has the capacity to rewire itself and form **NEW NEURAL PATHWAYS** — **if we do the work**. **Just like exercise, the work requires REPETITION**. (Excerpted and adapted from article by Barrie Davenport)

Joshua 1 <sup>8</sup> **THIS BOOK...** must not leave your **MOUTH!** **THINK ABOUT IT**  
**DAY AND NIGHT** so that you may observe **diligently** all that is written in it.

For **THEN** you will **SUCCEED IN YOUR WAYS** and **PROSPER!** NLV/LEB

## MOST PEOPLE LISTEN TO THEMSELVES WHEN THEY SHOULD TALK TO THEMSELVES

2 Corinthians 10 <sup>5</sup> **Demolish** every... **ATTITUDE** that is in defiance of the **true knowledge** of God.  
**Capture thoughts** and **TEACH THEM** to obey the **Anointed One!** TPT/NLT