

CHRISTIAN ACADEMY HIGH SCHOOL

Family Newsletter

January/February 2023



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CAL HS Family Calendar

You can always access the High School calendar [online](#). If you are a Google user, you are able to add it to your personal calendar.

Major Dates

All Dates Subject to Change

- 1/16 – Dr. King Holiday
- 1/21 – Winter Dance
- 1/23 – Spanish NHS Inductions
- 2/3 – Data Day/Remote Learning
- 2/16-17 – Teacher PD Days
- 2/20 – Presidents Day – No School
- 2/25 – Destination College (6:00)
- 2/28 – Choir Concert (6:30)
- 3/3 & 4 – Help Build Hope House Framing
- 3/3 & 4 – “The Little Mermaid”
- 3/7 – Senior Lunch
- 3/10 – Quarter 3 Ends
- 3/10 & 11 – “The Little Mermaid”
- 3/13 – Band/Orchestra Concert (6:30)
- 3/15 – Elem/MS Conference Day – High School in session
- 4/3-7 – Spring Break
- 4/10-14 – Senior Trip
- 4/18 – ACT (Juniors)
- 4/21 – Freshman Girls Fishing Trip
- 4/24 – Jazz Band/Show Choir Concert
- 4/25 – Biomedical White Coat Ceremony
- 4/27 – Percussion Ensemble Concert
- 5/5 – Recess Day
- 5/23-26 – Final Exams

CASS Calendars Available [Here](#).

The ‘National Crisis’ of Gen Z?

A recent edition of the [Culture Translator](#) from Axis included an article from the Wall Street Journal that discussed [“The ‘National Crisis’ of Gen Z.”](#) I have to admit, the author takes a pretty bleak view of this generation; however he makes some compelling arguments.

He places much blame on smartphones and even more blame on social media. One of the most telling statistics that he offers is that rates of teenage depression were fairly stable and then “all of a sudden” increased significantly beginning in 2013. What happened in 2012? Instagram became the social media of choice among teenagers and the introduction of the front-facing camera ushered in the “selfie era” which is about display and performance – not actual social relationships.

One suggestion offered is to delay kids’ ability to access social media and they make a good point: “We require car seats and seat belts. We eliminated cigarette vending machines. We have fences around pools... [but] life went onto phone-based apps 10 years ago, and the protections we have for children are zero, absolutely zero.”

That sounds good in theory, but for many of our children, Pandora’s Box has been opened and there is no going back. Or is there? Well, you may not be able to pry them away from social media entirely, but you can engage with them. First and foremost, if your child is on social media, you need to be monitoring their activity to both keep them safe and to help them navigate the social issues that arise. Next, you may need to sit down with your son or daughter and set some limits and encourage them to use social media in moderation or to take a break when they see that it is having a negative impact. Finally, keep open lines of communication about how they feel and what their thoughts are about how they spend their time online. Every child is different, and the challenge for us as parents is to determine what is best for each individual kid...there is not a one-size-fits-all solution.

The newsletter provided some questions to spark the conversation with your child:

- How would you feel if you and all your peers were forced off of social media?
- What’s one thing you think adults miss in conversations about social media?
- What do you think about the idea of a driver’s license for the internet? Do you hate it? Love it? Why?

Here are some other resources from Axis.org that can also help.

- [Axis Parents Guide to Smartphone Addiction](#)
- [Axis Parents Guide to Smartphones](#)
- [Axis Parents Guide to Social Media](#)
- [Axis Parents Guide to Internet Filtering & Monitoring](#)

Mr. Brown

Winter Dance

Winter Dance will take place on Saturday January 21st at Louisville Slugger Field from 7:30 - 10:30 pm. This dance is open to all Christian Academy High School students. Please review the email you received on January 9th for all the specific information.

Here are a few reminders:

- [CAL Dance FAQs](#)
- Tickets on sale January 17th.
- Ladies' dresses should be of an appropriate length and not revealing cleavage.
- Gentlemen are expected to keep their shirts tucked in and ties on throughout the dance.
- If a student is bringing a guest from outside of CAL, they must submit a completed permission form.
- Parking, student drop off, and pick up are at the East entrance of Slugger Field.
- Parents may pick up students at any time. Students who drive themselves will not be permitted to leave before 10:00 pm.

CASS TECHNOLOGY FAQ

BLOOD DRIVE

The HOSA Club is hosting our annual Red Cross Blood Drive on Tuesday, January 24th in the Media Center. Click [HERE](#) for details and registration information.

High School Contacts

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RACHEL'S CHALLENGE

Rachel's Challenge was created after the Columbine High School shooting, in honor of Rachel Scott and the other victims lost on that terrible day.

Her family seeks to carry on her legacy of kindness and compassion by addressing the root causes of school violence, bullying, prejudice, and self-harm through social-emotional learning programs that build connection, hope and resilience. And to improve school culture so that students are able to reach their full potential academically, socially and emotionally.

We are excited to have this powerful program at CAL on January 19th.

Learn more at rachelschallenge.org

ENROLLMENT

Please refer to the emails you received the week of January 3rd for specific details on continuous enrollment and tuition assistance deadlines.

This is also a good time to invite perspective families to check out CAL. Families can contact the [Admissions Office](#) at any time to apply, get information, and schedule tour and shadowing experiences.

PARKING PERMITS

Any student who drives to school, must register for a parking permit. See Mrs. Elliott in the HS Office for a form.

DESTINATION COLLEGE

Thursday, February 23rd -- The Financial Aid Seminar is at 6:00 p.m., followed by a panel discussion between Admissions representatives at 7:00 p.m. Students from the junior class will address the panel with questions about the college search process, sports in college, finding scholarships, college life and more. All juniors and their parents are highly encouraged to attend. Interested underclassmen and parents are also invited. We think you will find this to be a very informative event!



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