Healt
NORTHER
Oklahoma College

Associate in Science<br>Division of Health, Physical Education, and Recreation

Life changing.
This degree is offered on NOC Enid and NOC Tonkawa campuses.


The Associate in Science degree in Athletic Training is designed to prepare students to pursue a bachelor's degree at a four-year institution.

Under the supervision of a licensed physician, the athletic trainer serves an important role in the health care system of recognizing, preventing, evaluating, managing, and rehabilitating sports injuries. Athletic Training is recognized by the American Medical Association as an allied health care profession. Specifically, the Athletic Trainer specializes in five practice areas: Prevention of athletic injuries; Recognition, evaluation, and immediate care of athletic injuries; Rehabilitation and reconditioning of athletic injuries; Health care administration; Education and counseling.

Students who desire to become candidates in Athletic Training are required to make a formal application to the Athletic Training department for admission to the program. This application must be submitted on or before April 15th and formal approval is required.

GPA and ACT composite scores are weighed heavily as acceptance is highly competitive.
Career Opportunities: Athletic Trainer, Physical Therapist, Strength \& Conditioning

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This suggested curriculum includes degree requirements and courses that are usually completed in the first two years of a four-year curriculum. Consult with the university or college of your choice and its catalog curriculum as you make plans on where to transfer. Be careful to select the courses that will meet all requirements for both the Associate and Baccalaureate degree programs.

Year One

| Fall Semester |  | Spring Semester |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| ENGL | 1113 | English Composition I | ENGL | 1213 | English Composition II |
| MATH | 1513 | Algebra for STEM | CHEM | 1315 | General Chemistry I |
| ORNT | 1101 | Freshman Orientation | HPET | 2633 | Care \& Prevention of Athletic Injuries |
| BADM | 1113 | Digital \& Financial Literacy |  | 3 hours | General Education Electives |
| HPET | 2212 | First Aid |  |  |  |
| BIOL | 1114 | General Biology |  |  |  |
| Total: 16 credit hours | Total 14 credit hours |  |  |  |  |


|  |  |  | Two |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Fall Semester |  |  | Spring Semester |
| POLI | 1113 | American National Government |  | 3 hours | Humanities Elective |
| *BIOL | 2104 | Human Anatomy | HIST | 1483 | American History to 1877 |
| HPET | 1113 | Nutrition | or |  |  |
| *HPET | 2382 | Athletic Training Practicum I | HIST | 1493 | American History since 1877 |
|  | 3 hours | Humanities Elective | *BIOL | 2204 | Human Physiology |
|  |  |  | or |  |  |
|  |  |  | PHYS | 1114 | General Physics I |
|  |  |  | HPET | 1223 | Health Education \& Wellness |
|  |  |  | *HPET | 2482 | Athletic Training Practicum II |
|  |  |  | *These program courses are typically offered only once a year. See course descriptions for fall or spring designations and plan accordingly. |  |  |
| Total 15 credit hours |  |  | Total 15 credit hours |  |  |

NOC evaluates students for placement into either foundational or college-level courses, whichever will lead to the greatest possibility of student success. Academic placement is determined either by A.C.T. test scores or by Accuplacer test scores. These tests are administered in the Testing Center at NOC. Based upon the scores, students may be required to take one or more courses for remediation in English, Math, or Reading, either prior to or concurrent with credit courses. See the NOC testing web page by clicking on the following link: http://www.noc.edulact for placement guidelines.

