Health, Physical Education, and Recreation: Athletic Training Option NORTHERN Oklahoma College Division of Health, Physical Education, and Recreation

Life changing.

This degree is offered on NOC Enid and NOC Tonkawa campuses.

Program Requirements 60 Total Credit Hours									
General Education Courses 37 Total Credit Hours					Program Requirement Courses				23 hours
English Composition Courses					*	BIOL	2104	Human Anatomy	4 hours
	ENGL	1113	English Composition I	3 hours	*	BIOL	2204	Human Physiology	4 hours
	ENGL	1213	English Composition II	3 hours	or	PHYS	1114	General Physics I	
History & Government Courses					HPET	1113	Nutrition	3 hours	
	HIST	1483	American History to 1877	3 hours		HPET	1223	Health Ed & Wellness	3 hours
or	HIST	1493	American History Since 187	7		HPET	2212	First Aid	2 hours
	POLI	1113	American Government	3 hours	*	HPET	2382	Athletic Training- Pract. I	2 hours
Hur	Humanities Courses				*	HPET	2482	Athletic Training - Pract. II	2 hours
	Elective	s		6 hours		HPET	2633	Care & Prevention of	3 hours
	One 3 hour course to be chosen from those listed with the International Dimension and 3 hours of humanities electives.							Athletic Injuries	
Mat	homatics	Course	6		The first year will involve 75 to 85 hours of observation. The				
ivia	Mathematics Courses							e 500 hours of clinical work.	
MATH 1513 Algebra for STEM 3 hours Science Courses						•			
000	BIOL	1114	Conorol Diology	4 hours					
			General Biology						
Car	CHEM 1315 General Chemistry I 5 hours Computer Science Courses								
Cor	•			0 h a					
	BADM	1113	Digital/Financial Literacy	3 hours					
-	or Other approved computer course								
Orie	Orientation Course								
0	ORNT	1101	Freshman Orientation	1 hour					
	General Education Elective Course 3 hours				*				
Lan	Select courses from: Language Arts, Natural Sciences, Foreign Languages, Fine Arts, Humanities, Mathematics, Behavioral or Social Sciences				*These program courses are typically offered only once a year. See course descriptions for fall or spring designations and plan accordingly.				

The Associate in Science degree in Athletic Training is designed to prepare students to pursue a bachelor's degree at a four-year institution.

Under the supervision of a licensed physician, the athletic trainer serves an important role in the health care system of recognizing, preventing, evaluating, managing, and rehabilitating sports injuries. Athletic Training is recognized by the American Medical Association as an allied health care profession. Specifically, the Athletic Trainer specializes in five practice areas: Prevention of athletic injuries; Recognition, evaluation, and immediate care of athletic injuries; Rehabilitation and reconditioning of athletic injuries; Health care administration; Education and counseling.

Students who desire to become candidates in Athletic Training are required to make a formal application to the Athletic Training department for admission to the program. This application must be submitted on or before April 15th and formal approval is required.

GPA and ACT composite scores are weighed heavily as acceptance is highly competitive.

Career Opportunities: Athletic Trainer, Physical Therapist, Strength & Conditioning



This suggested curriculum includes degree requirements and courses that are usually completed in the first two years of a four-year curriculum. Consult with the university or college of your choice and its catalog curriculum as you make plans on where to transfer. Be careful to select the courses that will meet all requirements for both the Associate and Baccalaureate degree programs.

Year One							
Fall Semester				Spring Semester			
ENGL	1113	English Composition I	ENGL	1213	English Composition II		
MATH	1513	Algebra for STEM	CHEM	1315	General Chemistry I		
ORNT	1101	Freshman Orientation	HPET	2633	Care & Prevention of Athletic Injuries		
BADM	1113	Digital & Financial Literacy		3 hours	General Education Electives		
HPET	2212	First Aid					
BIOL	1114	General Biology					
Total: 16 credit hours				Total 14 credit hours			

Year Two							
Fall Semester				Spring Semester			
POLI	1113	American National Government		3 hours	Humanities Elective		
*BIOL	2104	Human Anatomy	HIST	1483	American History to 1877		
HPET	1113	Nutrition	or				
*HPET	2382	Athletic Training Practicum I	HIST	1493	American History since 1877		
	3 hours	Humanities Elective	*BIOL	2204	Human Physiology		
			or				
			PHYS	1114	General Physics I		
			HPET	1223	Health Education & Wellness		
			*HPET	2482	Athletic Training Practicum II		
				*These program courses are typically offered only once a year.			
				See course descriptions for fall or spring designations and plan accordingly.			
Total 15 credit hours				Total 15 credit hours			

NOC evaluates students for placement into either foundational or college-level courses, whichever will lead to the greatest possibility of student success. Academic placement is determined either by A.C.T. test scores or by Accuplacer test scores. These tests are administered in the Testing Center at NOC. Based upon the scores, students may be required to take one or more courses for remediation in English, Math, or Reading, either prior to or concurrent with credit courses. See the NOC testing web page by clicking on the following link: http://www.noc.edu/act for placement guidelines.